

2005 MIAC Men's Cross Country Awards

MIAC Cross Country Coaches of the Year

Paul Schmaedeke of Hamline was selected the Minnesota Intercollegiate Athletic Conference men’s cross country coach of the year. Schmaedeke's Pipers captured their first title since 1977 on Saturday, October 29th at Como Park in St. Paul. The Pipers finished first out of the eleven participating teams at the competition with 32 points. The Pipers had five of the top ten finishers in the meet with Jeff Metzdorff, Travis Bristow, Brandon Gleason, Tony Klappa, and Dan Steinbrecher all finishing in the top ten.

MIAC Men’s Athlete of the Year

St. Olaf College senior **Sam Hauck** (Shoreview, Minn./Concordia Academy) claimed the MIAC individual title racing a 25:50 over the 8K course at Como Park Golf Course in St. Paul. He led the Oles to a third place finish in the MIAC Championships.

2005 All-Conference (Top 15 All-Conf.)

1	Sam Hauck	STO	25:50.30
2	Jeff Metzdorff	HU	25:57.95
3	Stephen Harris	CAR	25:58.65
4	Travis Bristow	HU	26:09.90
5	John Nowinski	CAR	26:13.80
6	Tony Hoff	STO	26:17.15
7	Brandon Gleason	HU	26:21.60
8	Dylan Keith	MAC	26:26.50
9	Tony Klappa	HU	26:28.20
10	Dan Steinbrecher	HU	26:30.55
11	Roscoe Sopiwnik	MAC	26:36.25
12	Joe Sepe	CAR	26:37.85
13	Adam Williamson	CAR	26:39.25
14	Chris Lutz	HU	26:43.10
15	Mitch Vanbruggen	SJU	26:46.65